PACDC EQUITABLE DEVELOPMENT CONFERENCE 2019

HEALING CENTERED ENGAGEMENT

Presented by Tess Donie & Rodney Mobley
INTRODUCTIONS

WORK DONE WITH NEW KENSINGTON CDC AND IMPACT SERVICES

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Stay engaged.

Speak your truth responsibly.

Listen to understand.

Be willing to try new things & experience discomfort.

Expect & accept non-closure.

Confidentiality.

Take care of yourself & one another.
CHECK IN

HOW YOU FEELING?

WHAT'S YOUR GOAL FOR TODAY'S SESSION?

WHO CAN YOU ASK TO HAVE YOUR BACK?
OUR STORY

https://www.youtube.com/watch?v=kcbu58p0fbA
TRAUMA-INFORMED CARE

1. UNDERSTANDING OF TRAUMA
2. EMOTIONAL AND ENVIRONMENTAL SAFETY
3. STRENGTHS-BASED APPROACHED TO SERVICES
4. DO NO HARM

VALUES OF TIC

SAFETY

PEER LEARNING AND SOCIAL SUPPORT

EMOTIONAL INTELLIGENCE AND MANAGEMENT

OPEN COMMUNICATION

DEMOCRACY AND SHARING POWER

SOCIAL ACCOUNTABILITY

GROWTH, CHANGE, AND FUTURE
TRAUMA ORGANIZED
PEOPLE, PLACES, AND SYSTEMS

- Loss of Safety
- Loss of Emotional Management
- Can't Grieve
- Problems with Authority
- Confused Sense of Justice
- Communication Issues
- Cognition Issues
TRAUMA INFORMED
PEOPLE, PLACES, AND SYSTEMS

- SAFETY SKILLS
- EMOTIONAL MANAGEMENT SKILLS
- GRIEVING & IMAGINATION
- LEADERSHIP SKILLS
- JUDGEMENT SKILLS
- COMMUNICATION SKILLS
- COGNITIVE SKILLS
ADVERSE CHILDHOOD EXPERIENCES & ADVERSE COMMUNITY ENVIRONMENTS
what happened to you?

what's wrong with you?
what happened to you?

what's right with you?
HEALING CENTERED ENGAGEMENT

1. Political, not clinical
2. Culturally grounded
3. Collective experiences
4. Asset-driven, focused on well-being

CONCEPTS
Building empathy and emotional intelligence
Restoration of identity
Collective healing
Storytelling
Transformative organizing
Alternative economic growth
Healing for providers
Growth, change, and future
IDENTITY MAPPING
ACTIVITY

POWER MAPPING
power + influence

impacted by
your target

against you

for you

no influence
ACTIVITY

STOP, START, CONTINUE
CHECK OUT

HOW YOU FEELING?

WHAT'S ONE THING YOU LEARNED?

WHAT'S ONE APPRECIATION?
THANK YOU!!!

Get in touch with us!

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